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| Image result for heritage woods secondary | |
| **Name: Tony Chen** | **Date:** |

**Introduction:**

Discuss (in a minimum of four to five sentences) the ways you improved, as a learner, over the course of your grade nine year. Refer to one or more of the core competencies and ensure that you bold them in your response.

This is my first year study in Canada, I enjoyed my school time. I learnt a lot of new things this 2 semesters. First, I learnt about the Canadian history, which is the most valuable thing I learnt this year. In my opinion, the best way that helps integrate into a new group is learn their culture and history. For math, I can understand and solve most of the problems that I learnt in grade 9. Despite I got an “A” for math, I still need to improve on some places. For instance, I am careless on some easy questions and I lost marks. For PE, I know I need improve a lot on it, I need more exercises. I got “B” for my PE, but I think I should and I can improve to “A”. I finish my homework of each class, and I think this is a good habit that I should keep.

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**Communication**

• Sharing ideas and showing your learning

• Learning new programs and apps

**Critical Thinking**

****• Making reasoned and ethical judgements

• Assessing sources of information

**Creative Thinking**

• Creating new ideas, inventions, pieces of art, or other creative artifacts

**Positive Personal and Cultural Identity**

• Learning about yourself, your family, your culture or heritage

**Personal Awareness and Responsibility**

[](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj1sYCv34HTAhVO7mMKHeQ2Am4QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)• Managing stress / Regulating emotions

• Setting goals

• Organizing your life

• Staying healthy and active

• Respecting your own rights and the rights of others

**Social Responsibility**

• Contributing to the well-being of your family, community, society, or environment

• Understanding other people’s perspectives

• Creating and maintaining healthy relationships

**Evidence:**

Select one or more assignments from your blog – where you should already have added a reflection based around the core competencies – and complete the questions below. You can copy and paste content from your blog.

**Assignment Name**:

**Description of the Assignment**:

The first part of the video shows the problem of the industrial pollutants, and introduced the problems, and then it shows the acid rain, because the acid rain is caused by the industrial pollutants. Next I sum up the research and introduced the final destination of the harmful substances. At the end of the video, I introduced the resolution of the problems.

**Core Competency Reflection**:

The name of the assignment is “Mini film”. This is a project that we did in science. This is a project that shows my understanding of industrial pollutants and acid rain. I made this video to tell the people around me the importance of the environment, and the harm of the industrial pollutants. In the video, it includes the problem, the journey, the final destination of the harmful substances, the solution and our impact. This project was hard for me because I have to research and read a lot of things in English, but I am an EAL students, so I think the hardest part of the project is not the filming part but the research part. My partner helped me a lot and I learnt how to do teamwork.