Creative Thinking

When my mind is closed

And thoughts are not coming

I take a breath

And will that fog away

In that moment

I calm and concentrate

Sometimes just writing it down

Helps me focus my thoughts

Or even just speaking aloud

When that doesn’t work

I get creative

Sometimes a run

Or a game of soccer

Maybe a book

To make me distracted

But in the end

The outcomes the same

I get a fresh new idea

It doesn’t end there,

Maybe a poem

Or a new fun dance

Anything to get my brain

Ready and in the game

Whatever the idea

Whether small or large

Are always fun to come by

In the end

I just want to push myself

That’s all there is to it

Text, whiteboard

Description automatically generatedCritical and Reflective

Thinking

Check with Multiple Sources

Watch Body Language and Facial Expressions

What advice would you give a younger student about figuring out what is true?

* Check with multiple people and/or websites to see if info is accurate
* Make sure all info is up to date
* Check whether the sources are reliable
* Watch their eyes; including blinking and whether they’ll make eye contact with you
* A change in their voice
* How they are standing
* Pay attention to any unusual movement

Pay Attention to Details

* Watch what they are saying
* Consider their body language
* Check the sources they use (citations)
* Check the author and design of websites
* Make sure the source is reliable
* See who the article was published by
* Watch out for the wording of what they are saying and/or writing

Look for Bias