Creative Thinking

When my mind is closed

And thoughts are not coming

I take a breath

And will that fog away

In that moment

I calm and concentrate

Sometimes just writing it down

Helps me focus my thoughts

Or even just speaking aloud

When that doesn’t work

I get creative

Sometimes a run

Or a game of soccer

Maybe a book

To make me distracted

But in the end

The outcomes the same

I get a fresh new idea

It doesn’t end there,

Maybe a poem

Or a new fun dance

Anything to get my brain

Ready and in the game

Whatever the idea

Whether small or large

Are always fun to come by

In the end

I just want to push myself

That’s all there is to it

Critical and Reflective

Thinking

Check with Multiple Sources

Watch Body Language and Facial Expressions

What advice would you give a younger student about figuring out what is true?

* Check with multiple people and/or websites to see if info is accurate
* Make sure all info is up to date
* Check whether the sources are reliable
* Watch their eyes; including blinking and whether they’ll make eye contact with you
* A change in their voice
* How they are standing
* Pay attention to any unusual movement

Pay Attention to Details

* Watch what they are saying
* Consider their body language
* Check the sources they use (citations)
* Check the author and design of websites
* Make sure the source is reliable
* See who the article was published by
* Watch out for the wording of what they are saying and/or writing

Look for Bias