**Core Competency Self-Assessment**

Communicating

### Connecting and engaging with others

* I can Participate in a formal conversation by contributing to the conversation
* I also can help include people in a formal/informal conversation when they aren’t participating
* I can listen to others and give feedback and also ask questions
* I develop relationships while talking with not only friends but also family
* I also develop understanding and ideas for one another when conversing with another person

### Focusing on intent and purpose

* I understand that what I tell people can influence what they do/how they act.
* I can also entertain through communication by telling jokes or funny stories
* I also can teach people things that I know through communication
* I can make strategic choices to help the audience to understand what I am saying.
* I can recognize that the audience has a big role into what I say.

### Acquiring and presenting information

* I can sit in class and listen to the teacher
* I can also acquire information not only from my teacher but also the internet or books
* I can Receive information from a variety of different sources
* After acquiring this information I can present what I have learned in class or in a conversation
* I can provide correct evidence and explain what I learned

# Creative Thinking

### Creating and innovating

* When I’m in a good working environment I can get creative ideas that have value
* I can create an idea to solve different problems in my life.
* When needed I can create or think of a solution to a problem/dilemma in a creative way
* When I am motivated this will allow me to generate new creative ideas

### Generating and incubating

* I can generate new ideas in a certain environment mostly when I am alone
* I also can generate new ideas when I think about that reward this new idea will grant me with.
* When in times of stress I can calm myself down and think of ways to solve this without completely breaking down
* I can take my previous experiences to help generate new ideas and build off of old ones.

### Evaluating and developing

# Before I make a decisions I think if the decision will benefit me and other around me as well

# I also take in consequences that can happen. I’m not so good at this but I’m working on it

# When I come up with my decision I work to refine it and make it come true

# I also learn from past mistakes and correct them and refine my decision that way.

# I can also listen to feedback to make sure my decision is the best it can be.

# Positive Personal & Cultural Identity

### Understanding relationships and cultural contexts

* I understand how where I come from and also my relationships with others determines who I am
* How I identify also determines who I am and who I become
* Tradition within my family help shape the way I’m
* I also see who I am to others and my relationships with others.

### Recognizing personal values and choices

* Knowing that I value my family highly this will define who I am
* Also interests/ hobbies such as soccer define who I am and what I will become
* I also understand that a lot of these values come from my parents
* This also helps shape my choices and what I do in life

### Identifying personal strengths and abilities

* I can acknowledge my strengths such as with numbers and computers
* But at the same time I can also acknowledge my weakness such as organization and writing.
* This also motivates me to improve in these certain things
* I understand how to use my strengths to my advantage in relationships with friends and family