



# Sway Presentation

Where are you now?



As of right now I am a student in Grade 9 at Heritage Woods Secondary School. I play Soccer for Coquitlam Metro Ford and also for the School team. I also play basketball for the Heritage Heat and enjoy my time playing for both teams. As of right now I am currently taking, French, English, Science, and photography. I have pretty decent grades throughout all of them and I hope that be the case for not only the rest of the semester but for the rest of the year. As of right now I work as a referee for Coquitlam Metro Ford as well, and take my time on Sundays to ref games. Right now in the semester, I am halfway through my first semester of High School and approaching winter break.

Where would you like to be in 4 years time?



In four years time after I graduate from HWSS, I would like to be going off to university to get my teaching degree. Teaching is a big aspiration of mine and I think it should be goal of mine to get my teaching degree ASAP, so I can get in to the work force. Graduating in four years time, I would hope to graduate playing for both Senior basketball and Senior Soccer. A goal of mine has always been to get a sports scholarship and it would be a dream if I could achieve one. If I were to get a scholarship. My go-to University's would be either UBC, or UFV. It really depends what sport I'm getting the scholarship for, if I were to receive one for Soccer, I would like to go to UFV. If I got one for basketball, I would like to go to UBC. In four years time, after I finish High School I would hope for my grades to be sufficient enough to maybe make the honour roll. In four years time I hope to be developed fully mentally and physically, as I step into the real world. Job aspirations for myself in four years time are pretty vague. I know for a fact that I will change my mind on what job I want. But by my senior year, I would hope to have some decent volunteer hours under my belt. Some past work experience, and a thought out plan for how I'll carry out my post-secondary education.

How can I use some of the skills I learned now to help me 4 years from now?



So far in my grade 9 year, I have learned many skills that I didn't know before and can and will help me in the future. Some of the skills I've learned so far include time management, social skills, and work habits. Going into Heritage from middle school, work assignments were always chased down by teachers and there wasn't a lot of pressure to do them in order to get good grades. Kids could avoid homework and still pull off B's and A's. In High School that's a lot different in two different ways. The first is that not many teachers will chase you down and remind you to do your homework, this gives you more freedom and forces you to become a smarter thinker by making you plan out how and when you do your homework. The second reason is homework is a must in order to pass your class and get the same A's and B's you got in middle school. There's a lot more pressure at Heritage when you do homework and it makes you take initiative. Another skill I've improved on since I've come to Heritage is my time management skills. Like I said before, homework has to be completed and making a schedule for yourself helps a lot. Other ways that I improve on my time management skills are when I have to use my class time wisely and making sure that I use all my time wisely like my flex and lunch. I will have to apply these skills in four years time, by the way I'm doing them now. For instance, when I get a job once I leave school, I'll have to manage my time wisely to arrive and leave on time. I'll use the social skills I

develop now in everyday life, and depending on the job I'm working, possibly in my job life. What I'm trying to get across, is the importance of picking up skills early to develop them for adult life.