

MY LIFE'S SOUNDTRACK

SONG ONE

The first song on this list that has an importance in my life is You are my Sunshine by Johnny Cash. This is one of the first songs I was ever introduced to and brings me way back to when I was 3 years old. My connection to this song is that my mom would sing it to my brother and I at home a lot and she told me that I would calm down and laugh whenever she would sing it with me. My mom even has an old video that was filmed when I was three of this song playing in the background of the video while my brother and I were going about our days and doing what a three-year-old would do. Overall, this song just brings me so much joy when I think back and listen to this song, and I like how the familiar beat of the song reminds me of my early childhood. The memories I have that are connected to this song make me very happy to think back to since I love the emotions and experiences that came along with it.

Link to song: <https://www.youtube.com/watch?v=cGa3zFRqDn4>

SONG TWO

This next song brings me back to a little later in my life, specifically 3rd grade. La La La ft. Carlinhos Brown by Shakira is the song that was played during the 2014 FIFA World Cup. Before I was even born, soccer was a big part of my parents lives. They always kept up with the different teams and games, and this tradition continued into my life. My family likes to keep up with the World Cups that take place every four years. The 2014 World Cup was the first that I had ever watched since I was then old enough to get a good grasp at new things in life such as sports and activities. Whenever I listen to this song, I immediately feel all the feelings and emotions that I used to have back in 2014. The best way I can explain those feelings is warm summer breeze, and non-stop smiling and laughter with my friends and family. I feel as though I am living in that time when I listen to this song. The beats and lyrics in the song bring back so many memories that I am always happy to think back to which is why I share such a strong connection with this song.

Link to song: <https://www.youtube.com/watch?v=7-7knsP2n5w>

SONG THREE

The next song on this list is All Time Low by Jon Bellion and the memories come from around 5th grade. I'm not sure why this song just sticks out in my life so much because I listened to much more songs than just this, but I think the main reason it is so important to me is because everything about the song reminds me of my elementary school, and the friends I used to have

in that school that I am not in contact with anymore. I listened to this song mainly in 5th grade, but whenever I think back to that time, I also think back to my entire elementary school experience. A specific moment that this song brings me back to is when I was staying after school with one of my closest friends, and we were hiding in our school's gym which was pitch black because we both refused to go outside since it was heavily raining. I get brought back to all the excitement and joy that was in my life at the time that I would listen to this song which is why I share a connection with it.

Link to song: <https://www.youtube.com/watch?v=AXnqkVTFUqY>

SONG FOUR

Another song that is important in my life is New Rules by Dua Lipa. The memories that come along with this song are mainly from summer 2018. This song has the ability to describe every emotion and feeling that I experienced that summer. A good way to describe how often I listened to this song is multiple times every day, and no I never got tired of it. I think the main reason why this is the song that I share such strong connections with is because this song was involved with every memory that I made that summer, so whenever I think back to those times, this song pops up in my head as well. I get so much joy when I share a connection with a song because it makes me feel so much more connected to the world, and this song did exactly that which is why it has such an importance in my life.

Link to song: <https://www.youtube.com/watch?v=k2qgadSvNyU>

SONG FIVE

This next song is Fear of the Water by SYML. I first heard this song at the start of 6th grade and quickly found such a strong connection with it. The beat, the tone, everything about this song makes me feel so light and content. I first used this song to study since it helped me concentrate, but stopped after a while because I found that I can focus better with no audio. However, this song is still so important in my life in ways I cannot describe, but I will still try. Something that makes this song different than others is that it is not very well known like the others that I listed. If I am being completely honest, I'm not even sure where I found this song, but I just know that it's perfect. Whenever I play this song, it makes me feel like a weight has been lifted off my shoulder and I could play this song on repeat without getting tired of it. Something else that is cool about this song is that even though it sounds like a sad song, my connection with the song is not sad so I understand it in ways that someone else could not if they listened to it. I don't really pay attention to what the singer is saying, but more to the beat that is being used since it brings me joy.

Link: <https://www.youtube.com/watch?v=-T4THwne8IE>

SONG SIX

I think this song is a great way to end this list. Bellyache by Billie Eilish is a song that connects with so many memories in my life that I cannot list. I was first introduced to this song by one of my friends in 2017 and quickly found my connection with it. To this day, I adore everything that is being said in this song and the beat. Not to mention, I also idolize the artist Billie Eilish. This song was one of the first ones that she had written, and I think one of the best. A specific memory that I get brought back to when I listen to this song is a while ago, I think 2 or 3 years ago, I played this song in the car for the first time, and my parents even shared the same love I have for this song! My dad began picking up a few lyrics and would sing it in a funny way, and overall, we all just had a great time listening to this song, and I still share such a strong connection with this song which is why it is so important to me. A good way to describe how I feel when I listen to this song is that I lose perception of the real world, and I feel like the only sound being made in the world is coming from this song.

Link to song: <https://www.youtube.com/watch?v=gBRi6aZJGj4>