

# A letter from Vy-the-past

Hi Vy in the future,

I wonder if you still struggle to strike up a conversation with your new colleagues? Do people find out any solution to decompose plastic in the short term?

Please don't be shy to get into a conversation. You can start by talking about the weather. Always smile and show people that you are listening to them. It represents your respect and makes them want to talk with you more. Plastic pollution nowadays adversely affects the Earth's environment and humans. Lots of people are trying to solve this environmental problem. They are scientists. They are environmentalists. They are individuals, like you and me. So try to use plastic as little as possible. Buy for yourself stainless steel straws and use tote bags for shopping.

I try my best to do those things above everyday. I hope you can do it better than me. I wish you can start a conversation easily and don't have microplastic in your food or drinks.



This is me the-old-you

