



#KidsToWork

Name: William Mostrenko

Advisory #: 11

The Assignment:

You will be observing your host throughout the day. There are 3 parts to this assignment:

Part 1- The Interview: Observe your host at work, at some point interview your host and record/make notes of the results

Part 2 - Reflection: After the day is finished, reflect upon your experience and answer the reflection questions **Part 3 –**

Post Your Assignment to Your Blog: Once you have completed **Part 1** and **Part 2** post it on your blog. Make sure you take pictures and/or videos to document your day, you can place them in your blog.

Name of your host: Catherina VanBeek

Relationship to you: Mother

The Interview: (ask your host these questions)

1. What is your job title?

Registered Nurse.

2. What is your job description?

In accordance with the British Columbia College of Nursing Professionals (BCCNP) standards of practice, and working collaboratively and in partnership with the interprofessional care team in the provision of person centred care, provides direct nursing care to patients recovering from anaesthetics within the Post Anaesthetic Care Unit (PACU) by assessing, planning, providing, coordinating and evaluating nursing care.

3. What are the duties and/or tasks you perform at your job?

To help patients recover from surgery. Depending on what day it is, it also depends what “sets” of materials we need to set up. These materials include different needles, cotton swabs and alcohol wipes. We also fill out sheets and we have to analyze the patients past ignorer to give them the proper treatment.

4. What qualifications do you have for this job in the following areas:

a) training?

- Certification in procedural sedation
- Advanced Cardiac Life Support
- Safe and Effective Procedural Sedations
- Basic Life Support Provider
- Certified Health Executive

b) education?

- Bachelor of Science in Nursing
- Master of Health Administration
- Diploma in Nursing

c) experience?

- Research Strategist
- Research Coordinator
- Research Nurse
- Registered Nurse

d) skills and attributes (personal qualities)?

- Caring, patience
- Attention to detail
- Technical skills
- Teamwork (with the healthcare team)
- Collaboration

5. What are some of the things you like about the job?

Providing a meaningful surgical experience to patients in need. It always feels good to help someone and know that you made a difference in someone's life. It is also really good experience in the field of teamwork

6. What are some of the things you dislike about this job?

Only finding out when you start work the day before and you need to be flexible on end times as I can not leave until the last patient is well enough to be discharged. Sometimes that takes a while due to the fact that many people don't feel well after surgery and they might want some more attention until they feel comfortable.

7. How do you anticipate this job changing in the next 5 years or so?

I expect to take on more responsibility as my role expands to include quality improvement and more administrative duties. As you begin to have more experience in the workspace, you are often trusted more allowing me to gain higher responsibilities.

Student Reflections:

1. Give three reasons why you would like this job (be specific):

- a) This job has a really good salary and you also get paid overtime. I learned that overtime is when you get paid more for working over 8 hours. 8 hours is the maximum time that people can work in Canada.
- b) The job is also really good experience if you want to pursue medicine in the future. It would be a really good place to intern at. Everyone is really supportive and nice, therefore if you got confused interning people would nicely help you. The area is also quite calm allowing you to slowly learn the busy medicine routine before becoming a doctor or nurse as a public hospital.
- c) The job is also really good experience working with groups. You must collaborate well with other nurses and surgeons in order to give the patient their top of the line experience.
- d) The new west surgical centre is also closed on all holidays allowing people to comfortably spend time with their families.

2. Give three reasons why you would not like this job (be specific):

- a) I wouldn't like this job because I enjoy personal work rather than group work. If I were to work somewhere in the future, it would probably be more of an individual job rather than a group job.
- b) Something that I also don't like about this job, is that you don't know what time you start working until the day before. You also don't know what time you end until you end. You have to keep your whole day free of activities. It is really hard to organize.
- c) Something else that I don't like is that you need to have a high charisma. This is because you need to be comforting to the patients. I wouldn't be good at this because I might lose my patience with the patients.

3. Is this job for you? Why or why not?

I wouldn't like this job very much because if you want to live on your own in Vancouver, you would need a bigger wage than what you would get paid. I also feel that I am not into medicine in that sense. I would rather work in an engineering job to help with medical practices. If I were to go into the field of medicine, I would love to intern here because the people are really nice and the environment is not very busy. Many people who are interested in nursing would love working here because everyone is nice and the work environment is less physically demanding. I might also lose my patience with the patients because if they were not explaining what they felt or something like that, I would get a little frustrated. Along with all of those reasons, I have wanted to pursue technology and computers for a very long time now and medicine doesn't have a lot of that to offer.

4. **Explain the value of the TYKWTW experience in relation to your ideas about your post secondary (after high school) plans (education?, training?, travel?, work?).**

Take your kid to work day is very good experience to find out what you may want to pursue in the future. Although it doesn't make you aware of every job, it shows you what your parents do and helps you decide if that is the area of work you want to do. Once you find out what you want to do, you can start to research university or colleges that support that. For example, I am interested in engineering or some kind of computer science, therefore I know that BCIT covers both of those topics allowing me to consider that place of education in the future. I can also make decisions on what to take in high school in order to have a higher chance of getting into a university or college. If I wanted to get into the engineering program at UBC, I would need to take mechatronics 12 and physics 12 to increase my chances of getting in. I am so thankful for the take your kid to work day because it made me realize that I didn't really want to do medicine but I could work as an engineer to help doctors achieve their goal while still pursuing what I enjoy.

Blog Post:

Step 1: Go to your Blog Step 2: Create a new POST

- *Title:* Take Your Kid To Work Day 2018
- *Category:* Extracurricular
- *Tag:* This varies by teacher:
 - *Aitken* - TYKWTW2019A
 - *Castonguay* – TYKWTW2019C
 - *Raghoobarsingh* – TYKWTW2019R
 - *Hewitt* – TYKWTW2019H
- *Add Media:* Add a picture or video of your work place Step 3: Add your assignment to the post by doing one of the following
- Copy and paste the assignment from a word document
- Type in all of the questions and answers
- Upload a PDF or a completed Word Document

Step 4: Click Publish